



PennState
Fayette, The Eberly Campus

Certified Recovery/ Certified Family Recovery Specialist Training

The Role of the Recovery Specialist

The Recovery Specialist is an individual with personal, lived experience of their own recovery. By offering insight into the recovery process, Recovery Specialists are able to share a unique perspective with those with similar life experiences. Recovery Specialists accept and agree that their experience as a person in recovery from a substance use disorder will be known by their colleagues, individuals served, and others with whom they may share that they have achieved this credential. The Recovery Specialist is a role model, mentor, advocate, and motivator. Recovery Specialists advocate for the individual, the recovery system and recovery-oriented services, and assist to identify and reduce stigma. Recovery Specialists advocate to eliminate barriers, increase natural supports, and build community. Services provided by the Recovery Specialist substantially improve an individual's and a family's ability to sustain recovery and wellness.

Certified Recovery Specialist (CRS)

A credential for individuals with personal, lived experience in their own substance use disorder recovery. By offering insight into the recovery process based on their own experience, recovery specialists are able to provide a unique perspective while provide recovery support services. The CRS is not a sponsor, case manager or therapist but rather a role model, mentor, advocate, and motivator.

Certified Family Recovery Specialist (CFRS)

A credential for adults who have been directly impacted by their own family member's or loved one's substance use disorder. The CFRS shares their lived experience with other families to provide recovery support services and understands the stigma associated with substance use disorder and its impact on the family. A CFRSs are trained to help families move into and through the recovery process.

Information gathered from the following websites:

<https://www.pacertboard.org/recoveryspecialist>

<https://www.pacertboard.org/certifications>

Dates: September 23 to December 9, 2021

Location: Penn State Fayette, The Eberly Campus

Time: Every Thursday, 9:00 a.m. to 4:00 p.m. (one hour for lunch)

Cost: \$1,199.00

***Contact your local CareerLink Office to see if you qualify for possible funding.**

For more information visit fayette.psu.edu/ce

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The Certified Recovery/Certified Family Recovery Specialist Training consists of 78 hours of education; 66 in-class hours, and 12 hours of homework. Participants must meet all of the Pennsylvania Certification Board (PCB) requirements:

Certified Recovery Specialist

- High school diploma or GED
- Successful completion of the 78 hour CRS/CFRS Training Program
- 18 months of sustained personal lived recovery
- 1000-word statement describing personal lived experience with addiction, recovery, and history of sustained recovery
- Application to the PCB, payment of fee, and successful completion of the CRS exam
- Sign an ethical code of conduct

Certified Family Recovery Specialist

- High school diploma
- Successful completion of the 78 hour CRS/CFRS Training Program
- History of lived experience of being directly impacted by family member's or loved one's substance use disorder
- 1000-word statement describing lived experience of being impacted by a family member's or loved one's substance use disorder and navigating of systems, accessing of resources, and what family recovery means personally
- 3 letters of reference/character as described by the PCB
- Application to the PCB and payment of fee
- Sign an ethical code of conduct

Technology Requirements

- Be comfortable with computers, computer application, and other technology
- Ability to complete online homework (12 hours)
- Laptop or desktop device. Mobile devices such as tablets and smartphones cannot be used

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